

*aveda hair & beauty
spa at Parkwood*

JASHAIRGROUP

award-winning salons

March 2026

TULASARA FACIALS

Tulasara means moving toward balance and is inspired by the Ayurvedic approach to healthy, balanced skin. Whether you have dry, oily, ageing, uneven, sensitive or acneic skin conditions they can all be addressed with a customised Tulasara facial treatment. Our spa skin experts will hand pick the most desirable combination of products to work the very best for your skin.

Face mapping 15 mins **FREE**

We analyse, then prescribe the perfect products to use at home.

Luxury Signature Facial 60 mins **£72**

This facial is customised at every step by your therapist, using treatments based on face mapping skin analysis.

Express Signature Facial 30 mins **£42**

For those in a rush, but still with the benefits of a customised facial.

Dermaplaning Facial 60 mins **£80**

Exfoliates and removes peach fuzz for instantly smooth, radiant skin.

Pro Power Peel 60 mins **£84**

Custom resurfacing peel to brighten, refine and refresh the complexion.

WAXING

Professional, discreet hair removal treatments delivered with precision and care for beautifully smooth results.

Full leg & Hollywood	£59	Hollywood	£40
Full leg & Brazilian	£59	Brazilian	£40
Full leg & bikini line	£49	Bikini Line	£28
Full leg, bikini line & underarm	£62	Full arm	£25
Full leg	£35	Half arm	£21
Half leg & Hollywood	£49	Underarm	£16
Half leg & Brazilian	£49	Eyebrow & Lip	£30
Half leg & bikini line	£37	Lip & chin	£22
Half leg & underarm	£45	Lip or chin	£15
Half leg	£27		

EYES

Lash tint	£25	Brow shape	£18
Brow tint	£15	Lash & brow tint	£35
Lash lift & tint	£55	Brow shape & tint	£29

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JESSICA MANICURES

Luxury prescriptive nail care focused on restoring strength, enhancing shine and promoting beautifully healthy natural nails.

Jessica deluxe manicure 45 mins	£42
Jessica deluxe manicure with gel 45 mins	£48
Luxury file & polish 30 mins	£32
Luxury file & polish with gel 30 mins	£40
Soak off 15 mins	£25
Soak off & deluxe manicure 75 mins	£58
Soak off & luxury file & polish with gel 45 mins	£48
BIAB removal & reapply 60 mins	£50
BIAB manicure 60 mins	£60

JESSICA PEDICURES

An indulgent foot ritual to completely restore tired feet. Aromatic scrubs deep clean and exfoliate; penetrating conditioners soften and soothe.

Prescriptive pedicure 60 mins	£50
Prescriptive pedicure with gel 60 mins	£58
Deluxe pedicure treatment 75 mins	£70
Deluxe pedicure treatment with gel 75 mins	£78

VITA LIBERATA TANNING

Full body spray tan	£44
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iTEEN BEAUTY 13-19 years

Facial 45 minutes	£45
Manicure 45 minutes	£45
Pedicure 45 minutes	£45

STUDENT DISCOUNT 15% off all services with a valid NUS card - T&Cs apply.

TREATMENTS FOR MEN

Facial 45 mins	£52
Full body massage 60 mins	£67
Back, neck & shoulder massage 30 mins	£45
Tidy up manicure or pedicure 30 mins	£40
Chest & stomach wax	£40
Back wax	£34
Brow wax	£18

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MASSAGE

Aveda full body 60 mins £67

Enjoy this extremely relaxing massage using a variety of massage techniques customised to your individual needs.

Aveda back, neck and shoulder massage 30 mins £45

Release the tension in your upper body with Aveda's special blend of nourishing oils leaving you refreshed and rejuvenated.

Stress-fix body massage 60 mins £67

Reduce muscle tension and increase your circulation with a full body massage combining reflexology, Swedish deep tissue massage and acupuncture points. Using guided meditation and Aveda's stress-fix aroma of lavender and clary sage. This is a real treat.

Chakra balancing massage 75 mins £75

Increase energy, decrease muscle tension and the likelihood of illness by focusing on your 7 chakra centres. Enjoy this deep tissue massage, with foot reflexology, energy work and Aveda's chakra blends.

Full body hot stone massage 60 mins £67

Relax muscles and reduce pain or discomfort to support healing.

Body polish 60 mins £64

Stimulating and exfoliating body polish, for smooth, moisturised skin.

Deep cleansing back treatment 45 mins £50

Give your back a really special treat with a deep cleanse, exfoliation, extraction and highly relaxing massage.

Indian head massage 30 mins £42

Stimulates the scalp's pressure points to release tension.

HAIR TREATMENTS

Your hair deserves to shine, so look your best with our fabulous in-house luxury treatments. Every hair type will soak up these treats.

Strengthening treatment £12

Therapy spa £18

Using Aveda's plant micro technology for intense moisture/repair.

KeraStraight from £165

Original protein based smoothing and repair treatment for normal and wavy hair, as well as unruly or damaged hair. Keeps the frizz away!

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JAS SIGNATURE HAIR CUTTING & FINISHING

Our stylists are highly skilled industry professionals who keep themselves ahead of the crowd. We've won awards for our in-house training programme and we're often found showcasing our talent on the catwalk. This means your hair is in excellent hands. All our services come with our 100% customer satisfaction guarantee.

	Graduate Stylist	Stylist	Senior	Principal	Consultant
Cut & blow dry	£40	£45	£53	£58	£63
Male Cut & blow dry	£28	£34	£37	£38	£40
Blow dry from	£30	£32	£32	£35	£36

JAS SIGNATURE COLOUR

You can count on us to give you the perfect colour using Aveda's up to 99% naturally derived Full Spectrum™ colour system. Enjoy permanent and semi permanent colour that's high shine, long lasting and essentially damage free.

	Colourist	Colour Expert
Glossing semi permanent	£50	£50
Tint regrowth permanent	£55	£55
Tint full head permanent	£65	£65
Half head foils - short	£72	£79
- medium	£79	£86
- long	£84	£91
Full head foils - short	£83	£91
- medium	£91	£102
- long	£98	£106
10 foils	£48	£48
Toners	£25	£25
Balayage	from £145	
Colour correction	on quotation	

All colours need a finish. If you are thinking of having your existing colour corrected, or a radical change, please book a free consultation with one of our colour master experts.

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iTEEN HAIR 13-19 years

CUTTING & FINISHING

Cut & blowdry	£40	Put up	£40
Male cut & blowdry	£30	Hair spa treatment	£12
Blowdry	£30		

COLOUR

Glossing semi-permanent	£39	Full head foils	£85
10 foils	£37	Half head foils	£65

Balayage / colour correction from **£98**

STUDENT DISCOUNT

15% off all services with a valid NUS card - T&Cs apply.

Salisbury

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Wilton

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Parkwood

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www.jashair.co.uk