

### JAS SIGNATURE HAIR CUTTING & FINISHING

At JASHAIRGroup, cutting is our craft and our passion. Our award-winning stylists are highly trained industry professionals, continually refining their skills through our in-house education programme. Every cut is tailored, precision-crafted and designed to suit your face shape, lifestyle and personal style - ensuring it grows out beautifully and feels effortless to manage. Perfection is paramount. Your hair is in expert hands, and every service is delivered with our 100% satisfaction guarantee.

|                     | Graduate Stylist | Stylist | Senior | Principal | Consultant |
|---------------------|------------------|---------|--------|-----------|------------|
| Cut & blow dry      | £43              | £48     | £56    | £61       | £66        |
| Male cut & blow dry | £31              | £37     | £37    | £39       | £42        |
| Blow dry from       | £33              | £35     | £35    | £38       | £39        |

### JAS SIGNATURE COLOUR

Experience bespoke colour created just for you, using Aveda's up to 99% naturally derived Full Spectrum™ colour system. With 35 years of expertise behind us, our award-winning colourists expertly tailor every formula to enhance your features and elevate your look. Expect radiant shine, rich long-lasting tones and hair that feels as healthy as it looks — beautiful, personalised colour you can truly trust.

|                          | Colourist    | Colour Expert |
|--------------------------|--------------|---------------|
| Glossing semi permanent  | £55          | £55           |
| Tint regrowth permanent  | £60          | £60           |
| Tint full head permanent | £70          | £70           |
| Half head foils - short  | £77          | £84           |
| - medium                 | £84          | £90           |
| - long                   | £89          | £96           |
| Full head foils - short  | £88          | £96           |
| - medium                 | £96          | £107          |
| - long                   | £103         | £111          |
| 10 foils                 | £53          | £53           |
| Toners                   | £30          | £30           |
| Balayage                 | from £160    |               |
| Colour correction        | on quotation |               |

All colours need a finish. If you are thinking of having your existing colour corrected, or a radical change, please book a free consultation with one of our colour master experts.

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### AVEDA SPA DAYS

Escape the pace of everyday life and immerse yourself in pure relaxation. Our beautifully curated spa days are designed to restore balance, calm the mind and leave you feeling completely replenished. Visit alone, with a partner, or enjoy time well spent with friends. Advance booking essential.

#### FULL DAY £120 per person

2 hours 15 mins of indulgent pampering

- Aveda hand, foot & scalp ritual
- Luxury stress-relieving facial
- Back, neck & shoulder massage
- Use of gym facilities
- Use of pool, sauna & steam room
- Mini Aveda gift to take home

#### HALF DAY £90 per person

1 hour 15 mins of indulgent pampering

- Aveda hand, foot & scalp ritual
- Express stress-relieving facial
- Back, neck & shoulder massage
- Use of gym facilities
- Use of pool, sauna & steam room
- Mini Aveda gift to take home

### ITEEN HAIR 13-19 years

#### CUTTING & FINISHING

|                    |     |                    |     |
|--------------------|-----|--------------------|-----|
| Cut & blowdry      | £43 | Put up             | £44 |
| Male cut & blowdry | £30 | Hair spa treatment | £12 |
| Blowdry            | £30 |                    |     |

#### COLOUR

|                         |     |                 |     |
|-------------------------|-----|-----------------|-----|
| Glossing semi-permanent | £42 | Full head foils | £88 |
| 10 foils                | £40 | Half head foils | £68 |

Balayage / colour correction from £110

**STUDENT DISCOUNT** 15% off all services with a valid NUS card - T&Cs apply.

**CANCELLATION** If you need to cancel or reschedule your appointment, please let us know by 5pm the day before. For Monday appointments, notice must be given by 5pm on Saturday. This allows us time to offer the appointment to another guest. Changes made after this time may incur a 50% cancellation fee.

*Salisbury*      *Wilton*      *Parkwood*

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[www.jashair.co.uk](http://www.jashair.co.uk)

March 2026

*aveda hairy & beauty  
spa at Parkwood*



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## AVEDA FACIALS

Our Aveda facials restore balance and reveal healthy, radiant skin through a personalised skincare regime tailored to your skin type and concerns. Guided by Aveda's holistic philosophy, our expert therapists select the ideal products and techniques for dry, oily, ageing, uneven, sensitive or breakout-prone skin. Each treatment begins with a relaxing foot ritual and professional skin consultation, ensuring your skin is supported both during the facial and in your at-home routine.

**Face mapping** 15 mins **FREE**

We analyse, then prescribe the perfect products to use at home.

**Luxury Signature Facial** 60 mins **£72**

This facial is customised at every step by your therapist, using treatments based on face mapping skin analysis.

**Express Signature Facial** 30 mins **£42**

For those in a rush, but still with the benefits of a customised facial.

**Dermaplaning Facial** 60 mins **£80**

Exfoliates and removes peach fuzz for instantly smooth, radiant skin.

**Pro Power Peel** 60 mins **£84**

Custom resurfacing peel to brighten, refine and refresh the complexion.

## WAXING

Professional, discreet hair removal treatments delivered with precision and care for beautifully smooth results.

|                                  |            |               |            |
|----------------------------------|------------|---------------|------------|
| Full leg & Hollywood             | <b>£66</b> | Hollywood     | <b>£42</b> |
| Full leg & Brazilian             | <b>£66</b> | Brazilian     | <b>£42</b> |
| Full leg & bikini line           | <b>£59</b> | Bikini Line   | <b>£29</b> |
| Full leg, bikini line & underarm | <b>£70</b> | Full arm      | <b>£29</b> |
| Full leg                         | <b>£37</b> | Forearm       | <b>£23</b> |
| Half leg & Hollywood             | <b>£56</b> | Underarm      | <b>£17</b> |
| Half leg & Brazilian             | <b>£56</b> | Eyebrow & Lip | <b>£31</b> |
| Half leg & bikini line           | <b>£40</b> | Lip & chin    | <b>£24</b> |
| Half leg & underarm              | <b>£46</b> | Lip or chin   | <b>£16</b> |
| Half leg                         | <b>£29</b> |               |            |

## EYES

|                  |            |                   |            |
|------------------|------------|-------------------|------------|
| Lash tint        | <b>£27</b> | Brow shape        | <b>£18</b> |
| Brow tint        | <b>£16</b> | Lash & brow tint  | <b>£36</b> |
| Lash lift & tint | <b>£65</b> | Brow shape & tint | <b>£30</b> |

## MASSAGE

**Aveda full body** 60 mins **£74**

Enjoy this extremely relaxing massage using a variety of massage techniques customised to your individual needs.

**Aveda back, neck and shoulder massage** 30 mins **£47**

Release the tension in your upper body with Aveda's special blend of nourishing oils leaving you refreshed and rejuvenated.

**Stress-fix body massage** 60 mins **£74**

Reduce muscle tension and increase your circulation with a full body massage combining reflexology, Swedish deep tissue massage and acupressure points. Using guided meditation and Aveda's stress-fix aroma of lavender and clary sage. This is a real treat.

**Chakra balancing massage** 75 mins **£77**

Increase energy, decrease muscle tension and the likelihood of illness by focusing on your 7 chakra centres. Enjoy this deep tissue massage, with foot reflexology, energy work and Aveda's chakra blends.

**Full body hot stone massage** 60 mins **£74**

Relax muscles and reduce pain or discomfort to support healing.

**Body polish** 60 mins **£68**

Stimulating and exfoliating body polish, for smooth, moisturised skin.

**Deep cleansing back treatment** 45 mins **£52**

Give your back a really special treat with a deep cleanse, exfoliation, extraction and highly relaxing massage.

**Indian head massage** 30 mins **£42**

Stimulates the scalp's pressure points to release tension.

## HAIR TREATMENTS

Your hair deserves to shine, so look your best with our fabulous in-house luxury treatments. Every hair type will soak up these treats.

**Strengthening treatment** **£12**

**Therapy spa** **£18**

Using Aveda's plant micro technology for intense moisture/repair.

**KeraStraight** **from £180**

Original protein based smoothing and repair treatment for normal and wavy hair, as well as unruly or damaged hair. Keeps the frizz away!

## JESSICA MANICURES

Luxury prescriptive nail care focused on restoring strength, enhancing shine and promoting beautifully healthy natural nails.

**Jessica deluxe manicure** 45 mins **£44**

**Jessica deluxe manicure with gel** 45 mins **£48**

**Luxury file & polish** 30 mins **£35**

**Luxury file & polish with gel** 30 mins **£42**

**Soak off** 15 mins **£25**

**Soak off & deluxe manicure** 75 mins **£60**

**Soak off & luxury file & polish with gel** 45 mins **£50**

**BIAB manicure** 60 mins **£55**

**BIAB removal & reapply** 60 mins **£60**

## JESSICA PEDICURES

An indulgent foot ritual to completely restore tired feet. Aromatic scrubs deep clean and exfoliate; penetrating conditioners soften and soothe.

**Prescriptive pedicure** 60 mins **£53**

**Prescriptive pedicure with gel** 60 mins **£60**

**Deluxe pedicure treatment** 75 mins **£73**

**Deluxe pedicure treatment with gel** 75 mins **£83**

## VITA LIBERATA TANNING

Full body spray tan **£44**

## iTEEN BEAUTY 13-19 years

Facial 45 minutes **£55**

Manicure 45 minutes **£42**

Pedicure 45 minutes **£46**

## STUDENT DISCOUNT

15% off all services with a valid NUS card - T&Cs apply.

## TREATMENTS FOR MEN

Facial 45 mins **£55**

Full body massage 60 mins **£72**

Back, neck & shoulder massage 30 mins **£47**

Tidy up manicure or pedicure 30 mins **£40**

Chest & stomach wax **£40**

Back wax **£35**

Brow shape **£18**

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