

A close-up photograph of a woman with long, dark, wavy hair. She is looking directly at the camera with a neutral expression. Her face is partially obscured by several large, vibrant green leaves in the foreground. The background is a soft, out-of-focus green, suggesting a natural, outdoor setting. The overall mood is fresh and organic.

aveda

Hair & Beauty Spa

**JASHAIRGROUP**

award-winning salons

## TULASARA FACIALS

Tulasara means moving toward balance and is inspired by the Ayurvedic approach to healthy, balanced skin. Whether you have dry, oily, ageing, uneven, sensitive or acneic skin conditions they can all be addressed with a customised Tulasara facial treatment. Our spa skin experts will hand pick the most desirable combination of products to work the very best for your skin.

<b>Full customised facial</b> 60 mins	£58
<b>Express facial</b> 30 mins	£38

## WAXING

Full leg & Hollywood	£52	Hollywood	£33
Full leg & Brazilian	£52	Brazilian	£33
Full leg & bikini line	£42	Bikini line	£22
Full leg, bikini line & underarm	£49	Full arm	£21
Full leg	£28	Half arm	£18
Half leg & Hollywood	£42	Underarm	£14
Half leg & Brazilian	£42	Eyebrow & lip	£23
Half leg & bikini line	£30	Lip & chin	£20
Half leg & underarm	£39	Lip or chin	£13
Half leg	£20		

## EYES

Lash tint	£22	Brow shape	£15
Brow tint	£12	Temporary eyelashes	£35
Lash & brow tint	£28	Lash lift	£48

## TREATMENTS FOR MEN

Facial 45 mins	£50
Full body deep tissue massage 60 mins	£58
Back, neck & shoulder massage 30 mins	£35
Tidy up manicure or pedicure 30 mins	£35

### Waxing

Chest & stomach	£38
Back	£30
Brows	£15

## MASSAGE

- Aveda full body** 60 mins £58  
Enjoy this extremely relaxing massage using a variety of massage techniques customised to your individual needs.
- Aveda back, neck and shoulder massage** 30 mins £38  
Release the tension in your upper body with Aveda's special blend of nourishing oils leaving you refreshed and rejuvenated.
- Stress-fix body massage** 60 mins £58  
Reduce muscle tension and increase your circulation with a full body massage combining reflexology, Swedish deep tissue massage and acupuncture points. Using guided meditation and Aveda's stress-fix aroma of lavender and clary sage. This is a real treat.
- Chakra balancing massage** 75 mins £65  
Increase energy, decrease muscle tension and the likelihood of illness by focusing on your 7 chakra centres. Enjoy this deep tissue massage, with foot reflexology, energy work and Aveda's chakra blends.
- Full body hot stone massage** 60 mins £58  
Relax muscles and reduce pain or discomfort to support healing.
- Body polish** 60 mins £56  
For smooth, moisturised skin, enjoy our stimulating and exfoliating body polish.
- Deep cleansing back treatment** 45 mins £46  
Give your back a really special treat with a deep cleanse, exfoliation, extraction and highly relaxing massage.
- Indian head massage** 30 mins £38  
Stimulates the scalp's pressure points to release tension.

## VITA LIBERATA TANNING

Full body spray tan £36

### iTEEN BEAUTY ROOM 13 to 17 years

- Facial** get a quick fix for problem skin 45 mins £38  
**Manicure** a treat for your hands 45 mins £36  
**Pedicure** because your feet need a treat too 45 mins £38

## JESSICA MANICURES AND PEDICURES

Loved by celebs, movie stars and JASHAIR guests, Jessica leads the way in natural nail care - beautiful, shiny, strong nails. Treatments for all nail types.

<b>Jessica deluxe manicure</b> 60 mins	£38
<b>Jessica deluxe manicure with gel</b> 60 mins	£44
<b>Luxury file &amp; polish</b> 30 mins	£26
<b>Luxury file &amp; polish with gel</b> 30 mins	£34
<b>Gel soak off</b> 30 mins	£25
<b>Soak off &amp; deluxe manicure</b> 75 mins	£52
<b>Soak off &amp; luxury file &amp; polish with gel</b> 45 mins	£40

There's no better gift for your feet than a Jessica ZenSpa pedicure. We've aromatic scrubs to deep clean and exfoliate, followed by penetrating conditioners that soften and soothe. A simply great way to escape the stresses and strains of modern day life.

<b>Prescriptive pedicure</b> 60 mins	£46
<b>Prescriptive pedicure with gel</b> 60 mins	£49
<b>Deluxe pedicure treatment</b> 75 mins	£56
<b>Deluxe pedicure treatment with gel</b> 75 mins	£59

## HAIR TREATMENTS

Your hair deserves to shine, so look your best with our fabulous in-house luxury treatments. Every hair type will soak up these treats.

<b>Colour lock-in</b> rehydrating treatment	£10
<b>Therapy spa</b>	£16
Using Aveda's plant micro technology for intense moisture/repair.	
<b>KeraStraight</b>	From £140

Original protein based smoothing and repair treatment designed for normal and wavy hair, as well as unruly or damaged hair. Keeps the frizz away!

## JAS SIGNATURE HAIR CUTTING AND FINISHING

Our stylists are highly skilled hair industry professionals who keep themselves ahead of the crowd. We've won awards for our in-house training programme and we're often found showcasing our talent on the catwalk. This means your hair is in excellent hands. All our services come with our 100% customer satisfaction guarantee.

	Stylist	Senior	Principle	Consultant
Cut & blow dry	£40	£48	£52	£58
Male cut & blow dry	£29	£32	£32	£32
Blow dry from	£28	£29	£31	£32

## JAS SIGNATURE COLOUR

You can count on us to give you the perfect colour using Aveda's up to 99% naturally derived Full Spectrum™ colour system. Enjoy permanent and semi permanent colour that's high shine, long lasting and essentially damage free.

	Colourist	Colour Expert
Glossing semi permanent	£46	£46
Tint regrowth permanent	£50	£50
Tint full head permanent	£60	£60
Half head foils - short	£65	£72
- medium	£72	£79
- long	£77	£84
Full head foils - short	£76	£84
- medium	£84	£99
- long	£91	£96
10 foils	£44	£44
Toners	£22	£22
Balayage	From £99	
Colour correction	On quotation	

**Please note:** all colours need a finish. **Correction/change:** if you are thinking of having your existing colour corrected, or a radical change, please book a consultation with one of our colour master experts.

# JASHAIRGROUP

## award-winning salons

“Step into the luxurious surroundings of our Aveda Hair and Beauty Spa where time stands still. Breathe deeply, and be safe in the knowledge we’ll take great care of you. Whether you choose to enjoy a beautiful cut and stunning colour, or a luxurious and deeply relaxing Aveda treatment, we’ll ensure you leave refreshed and rejuvenated, looking and feeling your absolute best.”

### **JAS SIGNATURE iTEEN EXCLUSIVE** 13 to 17 years

iTeen just for all you fabulous teens - saving you money on hair and beauty.

#### **Cutting and finishing**

Cut & blow dry	£36	Put up	£32
Male cut & blow dry	£26	Hair spa treatment	£8
Blow dry	£26		

#### **Colour**

Glossing semi permanent	£35	Full head foils	£78
10 foils	£35	Half head foils	£58
Balayage/Colour correction	From £95		

### **STUDENTS**

We remember our student days! Bring along your NUS card and enjoy a 15% discount on all our services every day.

**SALISBURY**

01722 329292

**WILTON**

01722 742511

**PARKWOOD**

01722 324171

[jashair.co.uk](http://jashair.co.uk)